Daily Cleaning Routine

A practical daily plan, with room for what matters today.

DATE _____

TODAY'S FOCUS _____

MORNING ROUTINE

- [ ] Make the bed
- [ ] Open curtains and let in fresh air
- [ ] Put breakfast items away
- [ ] Wipe the kitchen counters
- [ ] Check laundry needs

EVENING ROUTINE

- [ ] Wash or load dinner dishes
- [ ] Clean the sink after dinner
- [ ] Put away items left out
- [ ] Set out essentials for tomorrow
- [ ] Check floors for spills or crumbs

EXTRA TASKS FOR TODAY

Write in anything that needs attention beyond your usual routine.

- [ ] _____
- [ ] _____
- [ ] _____

WEEKLY ROUTINE TRACKER

Mark each day you complete your daily routine.

MON	TUE	WED	THU	FRI	SAT	SUN
☐	☐	☐	☐	☐	☐	☐

NOTES / REMINDERS