Family Favorite Meals

Keep your go-to meals, key ingredients, and prep times in one place.

HOUSEHOLD _____ UPDATED _____

FAVORITE MEAL 1

MEAL NAME _____

MAIN INGREDIENTS _____

PREP + COOK TIME _____ SERVES _____ REPEAT ☐

FAVORITE MEAL 2

MEAL NAME _____

MAIN INGREDIENTS _____

PREP + COOK TIME _____ SERVES _____ REPEAT ☐

FAVORITE MEAL 3

MEAL NAME _____

MAIN INGREDIENTS _____

PREP + COOK TIME _____ SERVES _____ REPEAT ☐

FAVORITE MEAL 4

MEAL NAME _____

MAIN INGREDIENTS _____

PREP + COOK TIME _____ SERVES _____ REPEAT ☐

FAVORITE MEAL 5

MEAL NAME _____

MAIN INGREDIENTS _____

PREP + COOK TIME _____ SERVES _____ REPEAT ☐

FAMILY REQUESTS / NEW IDEAS TO TRY